

# cape cod fathers & family network



August 2017

Hey Dads,

I've got a couple of dad-focused events to share and a heads up about our Second Annual Healthy Kids Back to School Fair. Looking for other low/no cost activities to do with your kids? Stop by the Cape Cod Family Resource Center. We've got you covered.

## Cape Cod Dads' Update

On Saturday, August 12th (second Saturday), from 5 to 7 p.m., Chris Bean facilitates **Dadminion!** A group for fathers who are challenged by a child's mental health, emotional, or behavioral needs. If you want to meet some dads who understand what you're going through, call or email Chris and check out this group in Middleboro: [christopherbean@bamsi.org](mailto:christopherbean@bamsi.org) or 508-947-8779.

On Tuesday, August 22nd, from 6 to 7:30 p.m., my friends Cheryl Donahue and Danny Rodriguez are hosting a **Dads & Babies Pizza Party** at Falmouth Hospital (Burwell Conference Rooms). This is a great chance for new dads to meet each other, show off their babies, and learn about local resources for families. Free pizza/no pressure. Expectant dads welcome, too! Please RSVP by voice message at 508-457-3632 or email [sscharr@capecodhealth.org](mailto:sscharr@capecodhealth.org).

Lastly: On Wednesday, August 23rd, from 10 a.m. to 2 p.m., the Cape Cod Family Resource Center is hosting a Healthy Kids Back to School Fair with tons of free stuff (including kids' haircuts) and lots of healthy fun for bodies and minds. Call 508-815-5100 for details.

Thank you for being a dad, and I hope to see you soon!

-Paul



## Paul's Calendar for Dads:

### "Dadminion! ~ Middleboro"

Sat. Aug. 12, 5 - 7 p.m.

Parent Information Network

Please call: 508-947-8779 or

[christopherbean@bamsi.org](mailto:christopherbean@bamsi.org)

### "Dads & Babies Pizza Party"

Tue. Aug. 22, 6 - 7:30 p.m.

Falmouth Hospital

Please call: 508-457-3632 or

[sscharr@capecodhealth.org](mailto:sscharr@capecodhealth.org)

## The Cape Cod Family

**Resource Center** is available to assist any and all families free of charge. Stop by, check out our website, or call us at 508-815-5100.

Mondays 9 a.m. to 5 p.m.

Tuesdays 10 a.m. to 7 p.m.

Wednesdays 10 a.m. to 7 p.m.

Thursdays 10 a.m. to 7 p.m.

Fridays 10 a.m. to 7 p.m.

1st & 3rd Saturday 9 to 11 a.m.

## GET THIS UPDATE BY EMAIL:

If you'd like to get an electronic version of this Cape Cod Dads' Update in your email box each month, please email: [pmelville@familycontinuity.org](mailto:pmelville@familycontinuity.org).

**WE ARE DAD FRIENDLY!**