



fathers & family network



December 2018

Hey Dads,

You've made it through back-to-school, Halloween, and Thanksgiving. It's time to honor the important December tradition(s) that your family celebrates (or to create some of your own). Whatever your faith, I hope that you and your family find time to slow down and experience the natural peace that's often present in this time of short daylight hours.

While you're busy shopping, celebrating, and socializing, there's still plenty of parent education and support opportunities happening this month (check out www.CapeCodFamilyResourceCenter.org/resources for a comprehensive list). If you're looking for something just for dads, then read on.

Cape Cod Dads' Update

On Wednesday, December 5th, Eric Hauck will host **Lower/Outer Cape Dads' Talk** at the Harwich Community Center from 6 to 7:30. There's always free dinner and if you sign up by Friday they'll also provide child care for your kiddos. I highly recommend attending this group. Please call 508-771-4336 or email beverly@capecoalition.com to sign up.

Paul's Calendar for Dads:

"Dads' Talk ~ Lower Cape"

Wed. Dec. 5, 6 - 7:30 p.m.

Harwich Community Center

Please call: 508-771-4336 or

beverly@capecoalition.com

"Dad and Me ~ StoryWalk "

Sat. Dec. 8, 11 a.m.- Noon

Dennis Memorial Library

Please call: 508-778-7798 x1

"Dadminion! ~ Middleboro"

Sat. Dec. 8, 5 - 7 p.m.

Parent Information Network

Please call: 508-947-8779 or

christopherbean@bamsi.org

"Dads' Talk ~ Lower Cape"

Wed. Jan. 2, 6 - 7:30 p.m.

Harwich Community Center

Please call: 508-771-4336 or

beverly@capecoalition.com

"Dadminion! ~ Middleboro"

Sat. Jan. 12, 5 - 7 p.m.

Parent Information Network

Please call: 508-947-8779 or

christopherbean@bamsi.org

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On Saturday, December 8th, from 11 a.m. to noon, Tomas Tolentino hosts **Me and My Dad: Monthly activities for guys raising children**. This month's adventure is a StoryWalk at the Dennis Memorial Library featuring *The Mitten* by Jan Brett. Call 508-778-7988 ext. 1 to register and bring your children (appropriate for all ages) for a fun and engaging morning.

Also on Saturday, December 8th, from 5 to 7 p.m., Chris Bean facilitates **Dadminion!** A group for fathers who are challenged by a child's mental health, emotional, or behavioral needs. If you want to meet some dads who understood what you're going through, call or email Chris and check out this group in Middleboro: christopherbean@bamsi.org or 508-947-8779.

For more details on any of these events or to look further into the future, check out my calendar on the right or the one online at www.CapeCodFamilyResourceCenter.org/dadsfatherhood.

Thank you for being a dad, and I hope to see you soon!

-Paul

Paul N. Melville, Program Director
Cape Cod & Nantucket Family Resource Centers
Coordinator of the Cape Cod Fathers & Family Network
Family Support Specialist/Parent Educator/Trainer/Dad



This is my youngest; ready to take on whatever winter has in store for us. I'm so proud that she has my sense of style.

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"Dads' Talk ~ Lower Cape"
Wed. Feb. 6, 6 - 7:30 p.m.
Harwich Community Center
Please call: 508-771-4336 or beverly@capecoalition.com

"Dadminion! ~ Middleboro"
Sat. Feb. 9, 5 - 7 p.m.
Parent Information Network
Please call: 508-947-8779 or christopherbean@bamsi.org

"Dads' Talk ~ Lower Cape"
Wed. Mar. 6, 6 - 7:30 p.m.
Harwich Community Center
Please call: 508-771-4336 or beverly@capecoalition.com

"Dadminion! ~ Middleboro"
Sat. Mar. 9, 5 - 7 p.m.
Parent Information Network
Please call: 508-947-8779 or christopherbean@bamsi.org

"New England Fathering Conf."
W/Th/Fr, Mar. 9, 13th – 15th
Springfield, Massachusetts
www.nefatheringconference.org

Cape Cod Family Resource Center
Monday 9 a.m. to 5 p.m.
Tuesday 10 a.m. to 6 p.m.
Wednesday 10 a.m. to 6 p.m.
Thursday 10 a.m. to 6 p.m.
Friday 9 a.m. to 5 p.m.

First and third Saturday each month from 9 a.m. to 11 a.m.

WE ARE DAD FRIENDLY!