

Hours of Operation

Monday- 9 a.m. - 5 p.m.

Tuesday- 10 a.m. - 7 p.m.

Wednesday- 10 a.m. - 7 p.m.

Thursday- 10 a.m. - 7 p.m.

Friday- 9 a.m. - 5 p.m.

(First and Third Saturdays of the month)

Saturday- 9 a.m. - 11 a.m.

Cape Cod Family Resource Center

A Program of **FAMILY CONTINUITY**
A MASSACHUSETTS FAMILY RESOURCE CENTER

Serving all families in every community
on Cape Cod, regardless of income.

- **Parent Education & Support**
- **Information & Referrals**
- **Child and Youth Assessments**
- **Help Navigating Resources**

FAMILY
CONTINUITY

Supporting family success in every community.



The Cape Cod Family Resource Center offers family support services, family partners, clinical assessments, referrals, and school support services that aim to nurture, support, and educate children, parents, and other caregivers. All services offered to families at no cost, regardless of insurance or income!

Cape Cod Family Resource Center

29 Bassett Lane
Hyannis, MA 02601

Main number: 508-815-5100

www.CapeCodFamilyResourceCenter.org

facebook.com/CapeCodFamilyResourceCenter



break silence
listening
sharing infertility
hope group
support
community
together

Family Support and Partnership

Do you need a hand up? Are you looking for assistance? The Cape Cod Family Resource Center is here to help you navigate the often confusing landscape of programs and access assistance that is available in your community.

Our **Family Support Workers** are here to help you access needed assistance and provide information and referrals to programs and services in our resource center, as well as connect you with resources in the community.

Jennifer Sullivan: 508-815-5175 or jsullivan@familycontinuity.org

Hadlee Coker: 508-815-5138 or hcoker@familycontinuity.org

Our **Family Partner** will work with you and your family, along with our clinician, to develop a family support plan that best meets your needs while nurturing, empowering, and supporting you in achieving your goals.

Amy Brigham 508-815-5143 or abrigham@familycontinuity.org

Clinical

Our staff includes a licensed master's level, **Clinician** to assist families in identifying their individual needs as well as developing a family support plan to assist them in completing their goals.

For more details, please call us at 508-815-5100.

School Liaison

Navigating your way through the education and special education systems and understanding the process can be daunting and confusing for most people. We have a **School Liaison** on staff who is here to help. Whether it is finding the right school, understanding an Individual Education Plan or a 504 plan, or learning how to advocate for your family's needs, we will support you with resources and education. An important focus for the School Liaison is families with children involved with the Children Requiring Assistance Program (CRA, formerly CHINS).

Terriann Morin: 508-815-5074 or tpolumbo@familycontinuity.org



Parent Education

At the Cape Cod Family Resource Center, we offer a variety of parenting support groups as well as evidence-based parenting classes, such as Active Parenting of Teens, Parenting Journey, Family Nurturing, etc. These classes can help parents learn how to better understand their children's needs and make the difficult job of parenting a little easier for everyone. Additionally, we provide opportunities for parents to develop supportive networks amongst themselves and within their own communities. All of these groups and classes are always free.



Program Director

Paul N. Melville
pmelville@familycontinuity.org

508-815-5100

www.CapeCodFamilyResourceCenter.org



facebook.com/CapeCodFamilyResourceCenter