



Cape Cod Family Resource Center December 2018

29 Bassett Lane, Hyannis, MA 02601

Monday and Friday 9 a.m.-5 p.m. Tuesday-Thursday 10 a.m.-6 p.m.

1st and 3rd Saturday of each month 9 a.m.-11 a.m.

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 CCFRC OPEN 9-11am
3 PIN Office Hours 9am-2pm Nurturing Fathers' Program 5:30-7:30 pm Happy Hanukkah	4	5	6	7 Kind Kids 9:30-10:30 am	8
10 Nurturing Fathers' Program 5:30-7:30 pm	11	12	13	14 Kind Kids 9:30-10:30 am Music & Movement 11 am-12 pm	15 CCFRC OPEN 9-11am
17 PIN Office Hours 9am-2pm Nurturing Fathers' Program 5:30-7:30 pm	18	19 Grandparents Raising Grandchildren 5:30-7pm	20 Single Parenting 5:30-7pm	21 Kind Kids 9:30-10:30 am Winter Solstice	22
24 CCFRC CLOSED	25 CCFRC CLOSED Merry Christmas	26 Happy Kwanzaa	27	28 Kind Kids 9:30-10:30 am Music & Movement 11 am-12 pm	29
31 New Year's Eve CCFRC open 9-4					

For more information on any of our programs, please see the reverse side,
 call us at 508-815-5100 or visit our website: www.CapeCodFamilyResourceCenter.org.

Cape Cod Family Resource Center December 2018

All programs and classes are FREE!

Grandparents Raising Grandchildren

Our Grandparents Raising Grandchildren Support Group with Kerry Bickford meets on the third Wednesday of the month. This group provides a supportive environment for all grandparents who play a significant role in raising their grandchild(ren). Dinner and child care provided. Registration required. Information or registration: 508-815-5100 or jsullivan@familycontinuity.org.

Kind Kids

Join Pitter Patter Programs Friday mornings for a walk-in group for 3-5 year olds and their grown-ups. We'll build community awareness, empathy and generosity each week when we're given opportunities to create/do something for someone in our community that helps and inspires others. Brainstorming, creating and giving will all be included in this special experience. For more information or to register, call 508-314-4776.

PIN Office Hours

Amy McDevitt, Parent Coordinator at PIN (Parent Information Network), is available to meet with parents who are challenged by children's mental health, emotional, or behavioral needs. Sponsored by the Parent Information Network (PIN), a BAMSI program funded by the Massachusetts Department of Mental Health. Information or registration: Amy McDevitt at 774-517-7009 or amymcdevitt@bamsi.org.

Meet Our Staff Spotlight:

Welcome Ally Bergeron!



We are thrilled to welcome

Ally Bergeron to the Cape Cod Family

Resource Center team as our new Family Support

Worker! Ally is a native Cape Codder with experience mentoring teens and teaching preschool.

Please stop in and say hello to Ally Bergeron!

Single Parenting Support Group

Join our monthly group, in a supportive environment for single dads and moms to share successes, challenges, and resources. All single parents are welcome at this non-therapeutic gathering, regardless of child(ren)'s age(s) and parenting situation. Dinner and child care are provided. Sponsored by the Cape Cod Family Resource Center in collaboration with Cape Cod Child Development and Not Your Average Joe's.

Registration is required. For more Info, please contact 508-815-5100 or mmkelley@familycontinuity.org.

Music and Movement

A free program for children 5 and under and their parents, some Friday mornings from 11 a.m.-12 p.m. with certified music therapist Amy Wyman of Tones in Motion. Come sing and dance with us! For more information or to register, please call 508-815-5100 or jsullivan@familycontinuity.org.

The Cape Cod Family Resource Center offers family support services, family partners, clinical assessments, referrals, and school support services that aim to nurture, support and educate children, parents, and other caregivers. All services offered to families at no cost, regardless of insurance or income. For more information about us or our programming, please call 508-815-5100. Visit us on the web: www.CapeCodFamilyResourceCenter.org/

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