







29 Basset Lane, Hyannis, MA 02601  
 Monday and Friday 9am-5pm Tuesday-Thursday 10am-7pm  
 1<sup>st</sup> and 3<sup>rd</sup> Saturday of each month 9am-11am

## March 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2 Kind Kids 9:30-10:30am	3 <b>FRC OPEN</b> 9-11am
4 	5 Nurturing Fathers 6-8pm	6 PIN Office Hours 10am-2pm PTAY Support Group 5:30-7pm Active Parenting 0-5 5:30-7pm	7	8 Building You 4:30-5:30pm	9 Kind Kids 9:30-10:30am	10
11	12 Nurturing Fathers 6-8pm	13 Active Parenting 0-5 5:30-7pm	14 	15 Building You 4:30-5:30pm Single Parenting 5:30-7pm	16 Kind Kids 9:30-10:30am	17 <b>FRC OPEN</b> 9-11am 
18	19 Nurturing Fathers 6-8pm	20 Active Parenting 0-5 5:30-7pm	21 Grandparents Raising Grandchildren 5:30-7pm	22 Building You 4:30-5:30pm	23 Kind Kids 9:30-10:30am	24
25 	26 Nurturing Fathers 6-8pm	27 PIN Office Hours 10am-2pm Veteran Support Group (@Cape Cod Vet Center) 6-7:30pm	28	29 Building You 4:30-5:30pm	30 Kind Kids 9:30-10:30am	31

For more information on our programming, please see the reverse side. Or feel free to call 508-815-5100 or check out our website at [www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)

# March 2018 Programs

All programs and classes are FREE!



## Single Parenting

Join our monthly group, in a supportive environment for single moms and dads to share successes, challenges, and resources. All single parents are welcome at this non-therapeutic gathering, regardless of child(ren)'s age(s) and parenting situation. Dinner and child care are provided. Sponsored by the Cape Cod Family Resource Center in collaboration with Cape Cod Child Development and Not Your Average Joe's. Registration is required. For information or registration, please contact 508-815-5100 or [abrigham@familycontinuity.org](mailto:abrigham@familycontinuity.org).

## Grandparents Raising Grandchildren

Our Grandparents Raising Grandchildren Support Group with Kerry Bickford meets on the third Wednesday of the month. This group provides a supportive environment for all grandparents who play a significant role in raising their grandchild(ren). Dinner and child care are provided. For more information or registration, please contact 508-815-5100 or [jsullivan@familycontinuity.org](mailto:jsullivan@familycontinuity.org).

## Parents of Transitional Age Youth

Join our confidential Parent Support Group the first Tuesday of the month. Connect with other parents and caregivers that understand the struggles and victories of raising challenging children. Group focuses on parents raising youth transitioning to adulthood. Free light dinner provided. Please RSVP. Sponsored by the Parent Information Network (PIN) and the Cape Cod Family Resource Center. For information or registration, please contact Tresa Salters at 774-517-7007 or [tresasalters@bamsi.org](mailto:tresasalters@bamsi.org).

## Kind Kids

Join Pitter Patter Programs on Friday mornings for a walk-in group for 3-5 year olds and their grown-ups. We'll build community awareness, empathy and generosity each week when we're given opportunities to create/do something for someone in our community that helps and inspires others. Brainstorming, creating and giving will all be included in this special experience. For more information, please call Pitter Patter Programs 508-314-4776.

## Parent Information Network (PIN)

Amy McDevitt, Parent Coordinator at PIN, is available to meet with parents who are challenged by children's mental health, emotional, or behavioral needs. Amy is at the Cape Cod Family Resource Center on Select Tuesdays from 10am-2pm and at other locations and times by appointment. Sponsored by the Parent Information Network (PIN), a BAMSI program funded by the Massachusetts Department of Mental Health. Contact Amy McDevitt at 774-517-7009 or [amymcdevitt@bamsi.org](mailto:amymcdevitt@bamsi.org).

## Parent Education and Support for Veterans

Join Cindy Horgan of the Cape Cod Children's Place at **Cape Cod Vet Center at 474 West Main Street, Hyannis** to connect with other parents, get support, learn strategies, and discover resources that can help make parenting easier. Free child care and dinner are provided. For more information or registration, please contact Megan Mazzeo at 508-778-0124.

## Nurturing Fathers

Join us on Monday evenings starting February 26<sup>th</sup> for our Nurturing Fathers' program with Jason Parrent. This thirteen-week interactive class offers all dads an opportunity to enhance their fatherhood skills. Light dinner and child care are provided. For more information or registration, please call our center at 508-815-5100.

The Cape Cod Family Resource Center offers family support services, family partners, clinical assessments, referrals, and school support services that aim to nurture, support and educate children, parents, and other caregivers. All services offered to families at **no** cost, regardless of insurance or income.

For more information about us or our programming, please call 508-815-5100.

Visit us on the web:

[www.CapeCodFamilyResourceCenter.org/](http://www.CapeCodFamilyResourceCenter.org/)

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